

October 2013

**TO: OTS Retirees and Spouses under age 65**  
Hawaii Teamsters Health and Welfare Trust

**FROM:** Board of Trustees

**SUBJECT: Self-Funded HMO Medical Plan and Kaiser Health Plan**

The Board of Trustees, at their meeting of August 2, 2013, approved the following changes:

**I. Self-Funded HMO Medical Plan**

In conjunction with the Trustee approval of an annual maximum on essential health benefits under the Self-Funded HMO Medical Plan, the \$500 allowance for hearing aids, which is an essential health benefit, was removed, **effective September 1, 2011**. However, the benefit for hearing aids is still limited to one device per ear every three years and is covered at 80% of Eligible Charges.

For more information on the hearing aids benefit under the Self-Funded HMO Medical Plan, please refer to page 70 of the OTS Retirees Summary Plan Description booklet dated November 2012.

**II. Kaiser Health Plan**

**Effective September 1, 2013**, the following benefits were added to the Kaiser Health Plan:

1. Durable Medical Equipment and External Prosthetic Devices	80% of applicable charges
2. Hearing aids	\$500 allowance (once every 3 years)
3. Chronic medications (i.e., diabetes, cholesterol, and high blood pressure) obtained through Kaiser's WellRx Program (For more information on Kaiser's WellRx Program, please refer to the attached flyer.)	No charge

You may contact Kaiser Permanente or the Trust Office about the above changes and your coverage which are subject to the provisions of the Group

Medical and Hospital Service Agreement. These documents are on file with the Trust Office. For details on extra services that are not part of the health plan, please refer to Kaiser Permanente's website and individual mailings.

Should you have any questions on the above changes or need assistance with your coverage, please contact the Trust Office at 842-0392, or for neighbor islands, call toll free at (866) 772-8989.

*Disclosure of Grandfathered Status*

*The Trust believes its group health plans are "grandfathered health plans" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.*

*Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the plan administrator, Benefit & Risk Management Services, Inc., at 560 North Nimitz Highway, Suite 209, Honolulu, Hawaii 96817-5315 or 1-808-523-0199. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This website has a table summarizing which protections do and do not apply to grandfathered health plans.*



Introducing WellRx—a new option that gives members with chronic conditions an incentive to adhere to disease management programs and adopt healthy behaviors. The best part is, they’ll be saving money on the prescription drugs needed to help treat those conditions.

**Here’s how it works:**

WellRx allows “identified” Kaiser Permanente members to receive their chronic medications for diabetes, cholesterol, and high blood pressure at **no cost**.

To participate, members must agree to adhere to program requirements, which involve following treatment recommendations, taking medications as directed, and completing lab work.

We are proud to partner with your employer in providing you with better health care solutions so you can live well and thrive.

For more information about the WellRx drug rider, call our Customer Service Center at **808-432-5955** (Oahu), **1-800-966-5955** (Neighbor Islands) or **1-877-447-5990** (TTY).

To find out if you are eligible for this program, call **808-432-5787** (Oahu), **808-933-4505** (Big Island), or **808-243-6544** (Maui). WellRx is not available on Kauai, Molokai, and Lanai.

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